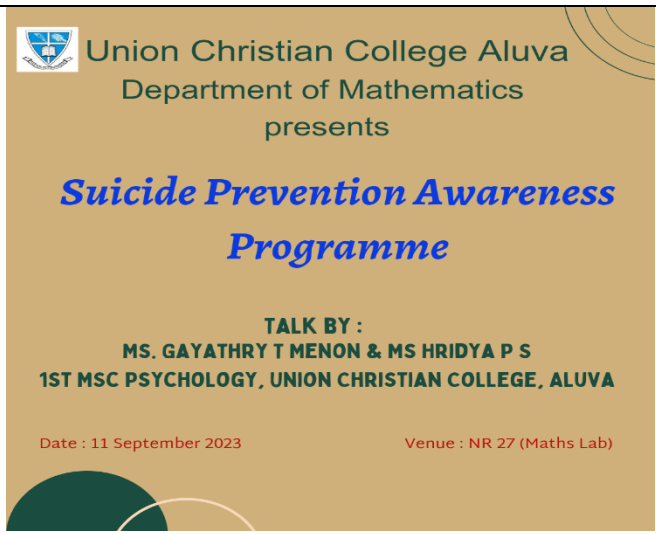




UNION CHRISTIAN COLLEGE, ALUVA

Affiliated to the Mahatma Gandhi University, Kottayam, India

NAAC Re-Accredited with A Grade in IVth cycle

1.	Title of the Programme	:	Suicide Prevention Awareness Programme
2.	Name of the Coordinator/s	:	Mr. Eldo Varghese
3.	Organizing Department/Cell	:	Mathematics
4.	Date and Duration	:	11-09-2023 & 1 hr
5.	Number of participants	:	23
6.	Resource persons	:	Ms. Gayathry.T. Menon, 1 st MSc. Psychology, Union Christian College, Aluva Ms. Hridya P.S., 1 st MSc. Psychology, Union Christian College, Aluva
7.	Objective of the programme	:	To make an awareness among the students about the importance of mental health.
8.	Detailed description of the event	:	The Department of Mathematics in association with Department of Psychology organized a Suicide Prevention Awareness Programme as a part of the World Suicide Prevention Day. Students of 1 st PG psychology, Ms. Gayathry. T. Menon & Ms Hridya.P.S. conducted the talk where 23 students of our department attended.
9.	Outcome of the event/Evaluation by programme coordinator	:	The students became aware about importance of mental health
10.	Brochure of the event	:	
11.	Feedback from students, faculty and other stakeholders	:	An interesting session helped us to understand about the emotional balancing and mental health.

12.

Photos

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13.

List of participants

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Sr.No	Name of Student	Class	Signature
1	Sahra K S	11 th Mac	[Signature]
2	Soorya P Soman	"	[Signature]
3	Vaisakhi V S	"	[Signature]
4	Naveen K	"	[Signature]
5	Anagha C A	"	[Signature]
6	Anushka Anus K	"	[Signature]
7	Anagha K	"	[Signature]
8	Sara Fatima P A	"	[Signature]
9	Ayana Therippuz	"	[Signature]
10	Shreyas K J	"	[Signature]
11	Manju Ramachandran	"	[Signature]
12	Fathimathul subana K	10 th msc	[Signature]
13	Rumaisa Fathul	"	[Signature]
14	Grace Maria	"	[Signature]
15	Abhishek H Prabhakar	10 th Msc	[Signature]
16	Anasud T	"	[Signature]
17	Anaitha K K	"	[Signature]
18	Anagha K P	"	[Signature]
19	Fathimathul Mithya	"	[Signature]
20	Krishnaeesh Rathiresh	"	[Signature]
21	Rossana James	"	[Signature]
22	Shree Kully Sivan A S	"	[Signature]
23	Maria Varghese	"	[Signature]